

1. *What does IRATA stand for?*
 - A. International Rope Access Trade Association
 - B. Industrial Rope Access Trade Association
 - C. International Rope Access Training Association
 - D. Industrial Rope Access Training Association

2. *After qualifying as an IRATA level 1, if a technician does not carry out any industrial rope access work for six months they must:*
 - A. Undertake re-fresher training
 - B. Be re-assessed by an IRATA Assessor
 - C. Return all their details to IRATA
 - D. All of the above

3. *In order for an IRATA level 1 to progress an IRATA level 2 they must have a minimum of:*
 - A. A minimum of 12 months rope access experience as a level 1 with 1000 logged working hours.
 - B. A minimum of 6 months rope access experience as a level 1 with 500 logged working hours.
 - C. A maximum of 6 months rope access experience as a level 1 with 500 logged working hours.
 - D. A minimum of 12 months rope access experience as a level 1 with 500 logged working hours.

4. *Which of these statements is INCORRECT:*
 - A. When working in suspension you must always have two independent points of attachment
 - B. When working in suspension you may have only one point of attachment
 - C. In Fall Arrest you may have only one point of attachment
 - D. In Work Restraint you may have only one point of attachment

5. *Carabiners are usually marked with?*
 - A. SWL (Safe Working Load)
 - B. WLL (Working Load Limit)
 - C. MBS (Minimum Breaking Strength)
 - D. None of the above

6. *Ascending devices can be used in the following situations:*
 - A. Proof loading
 - B. Shock loading
 - C. Static loading
 - D. Static and shock loading

7. *If a technician were to fall 2m onto a 1m lanyard this would be a:*
 - A. Fall factor 2
 - B. Fall factor 0.5
 - C. Fall factor 1
 - D. Fall factor 0

8. *A rope with an abrasion resistant sheath and a load bearing core is called:*
 - A. Low stretch
 - B. Kernmantle
 - C. Braided
 - D. Poly-steel

9. *What is the material usually used to make harnesses and ropes for rope access?*
 - A. Kevlar
 - B. Polyester/Nylon
 - C. Wire
 - D. Polypropylene

10. *Which of the following methods would you use to inspect your personal rope access equipment?*
 - A. Visual inspection
 - B. Function check
 - C. Tactile inspection
 - D. All of the above

11. *Cows tails are made from which type of rope:*
 - A. Dynamic
 - B. Low stretch

12. *A carabiner is most dangerous when:*
 - A. Loaded along the major axis
 - B. Used to connect the rope to a bolt anchor
 - C. Loaded across the gate
 - D. Used to connect the descender directly to the harness attachment

13. *Which of these knots can be loaded in three directions:*
 - A. Figure-of-eight on a bight
 - B. Barrel or scaffold knot
 - C. Alpine butterfly
 - D. Double figure-of-eight on a bight

14. *According to IRATA, what is the min. requirement of a rope access anchor?*
 - A. 5kN
 - B. 10kN
 - C. 15kN
 - D. 22Kn

15. *A rig for rescue system may involve hauling as well as lowering.*
 - A. True
 - B. False

16. *To prevent an out of control swing during a rope-to-rope transfer how many points of attachment are required?*
 - A. 2
 - B. 3
 - C. 4
 - D. 5

17. *What is the most likely outcome of a dynamic fall onto your ascending device?*
- A. The ascending device will hold the fall
 - B. The ascending device will break
 - C. The ascending device will damage the working line
 - D. The ascending device will invert
18. *How can you increase friction to slow down your descent?*
- A. Wrap the working line around your leg
 - B. Grip one of the ropes with your hand
 - C. Put the working line through a carabiner below the descending device
 - D. Grip both ropes with your hand
19. *When would you use a double anchor deviation?*
- A. To protect the ropes against sources of abrasion
 - B. To protect the ropes against other potential causes of damage
 - C. To protect the ropes against hot surfaces
 - D. All of the above
20. *What does a fall factor measure?*
- A. Speed at which you fall in Miles per hour
 - B. Distance at which you fall in feet per second
 - C. The relative severity of the fall
 - D. All of the above